#### \*Do not reply to this email. Please use the email links below.\*



April Newsletter 2022

**NOTE:** To see the entire E-Newsletter, you will need to scroll to the bottom of the email and click "view entire message" to see the whole E-Newsletter because of the length of the email. For this reason, we will include a PDF version at the top of each Newsletter. Please note that due to the formatting, the PDF version will look different than the email version. Click here to download a PDF version of the Newsletter.

[Message clipped] View entire message

#### **Administrative Services**

### **ATTENTION: Band Members**

If your email address, mailing address, or phone number has changed, please update by calling 519-322-1766 or by emailing tammv.iolicoeur@caldwellfirstnation.ca.

Note: In order to receive emails, you must be subscribed to Constant Contact to receive updates.

Note: There is also a Members Only section on the website. To register, you can request access on the website or email ea@caldwellfirstnation.ca with your name and email address.

Administration will provide the next month's Newsletter prior to the month's start to allow those on the mail list the same opportunity to participate in events and to give ample notice to register for events.

CFN Staff have returned to the office for in-person services. Please email the staff for appointments. If you do not have email addresses, please look them up on the website here.

# Happy Easter

Hello from your Administration Team. We had our first maskless Monday March 21, 2022. The funny thing is team members still started to reach for their masks for encounters out of habit. All in all, it was a great day. You know, I wonder how many got pranked on April 1st, 2022?
This month was slow, we did our usual, sent out the newsletters and all pertinent information. So glad that we are opening up, the health team had a magnificent week with the youth on their March break. Again, now that most of the restrictions are gone, Caldwell has started in person workshops. There is a flurry of upcoming events.

On another note, Shirley asked me to mention that Caldwell does have a footcare program for members with diabetes and she always keeps an appointment open for footcare emergencies.

We really want to wish everyone a Happy Easter, and we hope everyone will have an awesome family weekend. Stay Safe and still use sanitizer. Lets chat again next month, it will be a busier one!



### Culture & Language

#### Contact Carrie Ann Peters at cultural.dev@caldwellfirstnation.ca

### Moontime

X



MOONTIME IS CONSIDERED TO BE A CEREMONY IN ITSELF. LIKE NOKOMIS DIBIKGIIZIS - GRANDMOTHER MOON, IT TAKES 28 DAYS UNTIL THE MOON IS FULL, AS KWEWAG, OUR BODY'S RELEASE A BLOOD FLOW AND WOMEN ARE CONSIDERED TO BE SPIRITUALLY STRONG AT THIS TIME. THIS IS WHEN CREATOR IS CLOSEST TO KWE, IT IS BECAUSE OF THIS STRENGTH THAT KWEWAG DO NOT PREPARE FOOD, HELP IN CEREMONIES, FEASTS, OR ANYWHERE SACRED ITEMS ARE PRESENT (EG. PIPES, FEATHERS, DRUMS, MEDICINES..)

THIS IS A TIME FOR A KWE TO CLEANSE HERSELF MENTALLY, PHYSICALLY, EMOTIONALLY AND SPIRITUALLY. KWEWAG CAN ASK NOKOMIS DIBIKGIIZIS FOR DIRECTION IN LIFE, FOR WISDOM, AND FOR HELP FOR HER CHILDREN AND OTHERS. NOKOMIS DIBIKGIIZIS CAN GIVE HER HEALING AND BALANCE WOMEN'S ENERGY.

> MOONTIME IS A CEREMONY OF LIFE, A TIME FOR KWEWAG TO RELAX AND TAKE CARE OF HERSELF.

> > A TIME FOR RENEWAL.



Another biboon has passed. We take this time to refresh and awaken, as we prepare for the longer days and warmer weather. Plan our gardens and the work ahead so we are prepared when biboon comes again.



# CULTURE & LANGUAGE

OUR HEALTH OUR CONNECTION OUR RELATIONS

### **April Teachings:**

- 2 Youth Wellness Series 2
- 3 Bodwéwadmimwen
- 4 Mshkiki Monday Teachings
- 7 Anishinaabemowin
- 9 Youth Wellness Series 2
- 10 Bodwéwadmimwen
- 11 Mshkiki Monday Teachings
- 14 Anishinaabemowin
- 16 Youth Wellness Series 2
- 17 Bodwéwadmimwen
- 21 Anishinaabemowin
- 23 Youth Wellness Series 2
- 24 Bodwéwadmimwen
- 25 Mshkiki Monday Teachings
- 28 Anishinaabemowin



Contact CarrieAnn: cultural.dev@caldwellfirstnation.ca







# **EARTH DAY** Friday, April 22, 2022

### 9:30 AM-11:30 AM

# Lakewood Park

Following a special Tree of Peace planting ceremony, we invite you to bring your gardening tools and boots to help us plant 100 trees in our Naturalization Area.



Help us plant 100 trees in celebration of 100 years!

Address and Location: Lakewood Park - 13451 Riverside Dr. E, Windsor, ON N8N 2M8 Event will be on the North side near the water.

### Health

Contact Ashley Parent at <u>cww1@caldwellfirstnation.ca</u> Contact Marija Byrne at <u>hmow@caldwellfirstnation.ca</u>

# NEW INTAKE Young Indigenous Women Ages 18-25

April 6, 2022 to June 25, 2022: 12 week

Experiencing substance issues? There's hope for... A Fresh Start, A New Beginning

admissions@nimkee.org

# 2022

## Intake for Treatment Package



Nimkee Nupigawagan Healing Centre 1/1/2022

Download Intake Form

### **Jordan's Principle**

Contact Theresa Lewis at jp.nav@caldwellfirstnation.ca

## Updates coming soon.

#### Finance

#### Contact Finance at finance@caldwellfirstnation.ca

#### Caldwell First Nation Community Members

Basic Canadian Income Tax Filing CVITP – CFN Finance Department

Caldwell First Nation will be providing \*FREE\* basic income tax filing, by registration only, between 9:00am – 3:30pm from Tuesday to Thursday with remote filing options available!

Filing will be available for Status Members & their immediate family.

Please call to register for a filing session at 519-322-1766 ext. 1242 or via email at Finance@caldwellfirstnation.ca.

#### **REGISTRATION IS NOW OPEN**

The deadline for basic income tax filing is Thursday, April 30, 2022

#### Attendees are asked to bring:

- Status Card Number
- Any T4's from the previous year's employment (2020 2021 fiscal year)
- Any documentation supporting income earned from the 2020 2021 fiscal year
- Previous years unfiled taxes (up to 10 years of unfiled returns if eligible)

CRA asks all participants to sign a consent form prior to filing their taxes.

#### **Hosting Venue Contact Information**

14 Orange Street, Learnington, Ontario, N8H 1P5

Contact: Brad Dos Santos (Finance Asst./Admin Assoc.)

Email: finance@caldwellfirstnation.ca

Phone: (519) 322-1766 Ext 1242

Tax filing to be completed by the CFN Finance Department: Melody Watson, Brad Dos Santos, Monica Ibrahim, Leeanna Wiebe



**To Register** 



# CALL FOR YOUTH TRUST - TRUSTEE

CALDWELL FIRST NATION IS IN SEARCH OF A YOUTH MEMBER BETWEEN THE AGES OF 18 - 29 TO SERVE AS A TRUSTEE FOR THE CFN YOUTH TRUST.

THE MAIN RESPONSIBILITIES INCLUDE:

- APPROVING INVESTMENT STATEMENTS
- APPROVING YOUTH TRUSTS
- ANNUAL MEETING WITH TRUSTEES

A REQUIREMENT THAT NEEDS TO BE INCLUDED IN YOUR APPLICATION IS A SHORT BIOGRAPHY ABOUT YOURSELF THAT INCLUDES THE FOLLOWING:

- WHY YOU'RE INTERESTED IN THIS POSITION
- OUTLINE YOUR FUTURE GOALS
- DETAILS OF YOUR FINANCIAL EXPERIENCE

#### ALL YOUTH ARE ENCOURAGED TO APPLY, ESPECIALLY THOSE CONSIDERING A CAREER IN FINANCE.

THE SUCCESSFUL APPLICANT WILL WORK ALONGSIDE TD CANADA TRUST AS WELL AS ANOTHER CALDWELL FIRST NATION APPOINTED TRUSTEE.

> PLEASE SUBMIT YOUR BIOGRAPHY TO: CHIEF MARY DUCKWORTH CHIEFMARYDUCKWORTH@CALDWELLFIRSTNATION.CA

> > SUBMISSION DEADLINE: APRIL 29, 2022 | 12:00PM

### **Circle of Care**

#### Contact Marija Byrne at hmow@caldwellfirstnation.ca



HEALTHY BABIES, HEALTHY CHILDREN 2022 DATES

> HEALTHY BABIES, HEALTHY CHILDREN SESSIONS ARE AVAILABLE FOR BAND MEMBERS OR ADULTS ELIGIBLE FOR CFN MEMBERSHIP WITH CHILDREN, IN THEIR IMMEDIATE CARE, 0-6 YEARS OF AGE, OR CHILDREN 0-6 YEARS OF AGE WHO ARE ELIGIBLE FOR STATUS.



that are expecting or have a newborn (up to 6 months old)

#### in their immediate care

To register, please contact Marija Byrne at 519-329-2102 or hmow@caldwellfirstnation.ca **CIRCLE OF** 



**Caldwell First Nation** 

THE CIRCLE OF CARE PROGRAM AT CALDWELL FIRST NATION NOW HAS ITS OWN WEBSITE. THE •CIRCLE OF CARE PROGRAM IS FOR CFN YOUTH MEMBERS AGES 0-17. AN INTAKE NEEDS TO BE COMPLETED TO ASSESS EACH CHILD/YOUTH'S NEEDS, PREFERENCES, AND ELIGIBILITY.

TO MAKE A REQUEST, PLEASE VISIT: WWW.CALDWELLCIRCLEOFCARE.CA AND PRESS ON THE "MAKE A REQUEST" BUTTON AND COMPLETE THE FORM.



THE HEALTH DEPARTMENT AT CALDWELL FIRST NATION INVITES YOU TO JOIN US FOR AN AFTERNOON OF:

# ART THERAPY

with Tisha Summers from Heal Through Love

- MOTIVATIONAL SPEAKER
- GOAL PLANNING
- VISUALIZATION
- CREATE A VISION BOARD • CREATE A TREE OF LIFE
- CREATE A TREE OF LIFE THAT REPRESENTS YOU

#### WHEN: MAY 14, 2022 12PM - 4:30PM WHERE: CALDWELL FIRST NATION AGES 13+ \*LUNCH WILL BE PROVIDED

PLEASE REGISTER BY MAY 1ST, 2022 (MUST BE A CFN MEMBER TO REGISTER) FOR MORE INFORMATION OR TO REGISTER, PLEASE CONTACT MARIJA AT: HMOW@CALDWELLFIRSTNATION.CA

### FEELING SAD OR DISTRESSED?

Support is available for all Indigenous People in Canada



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Talk to a qualified counsellor by phone at the First Nations and Inuit Hope for Wellness Help Line at

1-855-242-3310

or through online chat at hopeforwellness.ca

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Whenever you need to talk, we're open.
Text 686868
KidsHelpPhone.ca
Call 1-800-668-6868
Kids Help Phone CE

### **Band Representative**

Contact Louise Hillier at <a href="mailto:band.rep@caldwellfirstnation.ca">band.rep@caldwellfirstnation.ca</a>

# FOSTER CARE HOMES NEEDED!

Historically, with First Nations, children were cared for by everyone. The extended family was like a second skin that everyone wore and all were grateful for the added security, nurturing and bonding that the extended family brought to the children of the Nation. The extended family brought strength and unity to the families and the Nation.

Inherent jurisdiction is not just about land rights, it is the sovereign right for First Nations to continue to determine what is right for our Peoples and how we go about implementing those determinations. The umbrella potentially shielding children and families of First Nations is our inherent jurisdiction. The strength of our child wellbeing jurisdiction depends on our citizens and their willingness to take on responsibilities of the extended family.

If you care about children and their well-being, perhaps you would be interested in opening your heart and your home to a child in need of security and a safe place to grow. Caldwell First Nation is seeking individuals willing to take on the responsibility of caring for a child or children temporarily in their home. Homes are required for short term, long term, respite (generally weekends) and potentially for adoption as well.

If you have a sincere desire to protect and care for Caldwell children who are temporarily separated from their family, please contact the Caldwell First Nation Band Representative at 519-322-1766 (office) or 519-329-0406 (can also text) or by emailing <u>band.rep@caldwellfirstnation.ca</u> for more information and to get started caring for our children!



### **Employment and Training/Post-Secondary**

Contact Jenna Morrison at <a href="mailto:etow@caldwellfirstnation.ca">etow@caldwellfirstnation.ca</a>



# Passive Home Trades Training

1232 Mersea Rd 1

Tuesday, May 24th - Saturday, May 28th, 2022

#### **Topics Include:**

- PH Principles
- Project Process
- Building Assemblies Overview
- Installation and Testing Hands-On Labs
- •& More!

Lunch is provided, 9am - 5pm daily, space is limited so register early!



To sign-up send an email to: etow@caldwellfirstnation.ca

To Register with Jenna

#### Become a Monitor

SIGN UP AS AN ARCHAEOLOGICAL MONITOR FOR PROJECTS BETWEEN WINDSOR AND LONDON AND RECEIVE: Youth Employment/Summer Student Opportunities at

**Caldwell First Nation** 

~ Become a Monitor (must have a valid driver's license)

~ Point Pelee National Park Parks Canada Agency,

~ Finance Clerk Assistant Summer Student

~ Health Events Assistant Summer Student

~ Consultation Summer Student

Government of Canada

\$20.00/HOUR (0-600 HOURS OF EXPERIENCE)

\$25.00/HOUR (600+ HOURS OF EXPERIENCE)

\$0.40/KM TRAVEL TO AND FROM JOB SITE (MAX \$125.00 PER DIEM)

\$20.00/HOUR POINT PELEE NATIONAL PARK PROJECTS (NO TRAVEL)

3 HOURS TRAINING PROVIDED BY CALDWELL

PLEASE NOTE THAT CONTRACTS ARE BASED ON THE FISCAL YEAR FROM APRIL 1, 2022-MARCH 31,2023 AND THERE IS NO GUARANTEE OF WORK HOURS

IF INTERESTED IN ARCHAEOLOFICAL MONITORING, CONTACT JENNA MORRISON AT ETOW@CALDWELLFIRSTNATION.CA



#### REMINDER

POST-SECONDARY FUNDING APPLICATIONS FOR FALL 2022 ARE DUE

MAY 1ST BY 4PM

please contact Jenna Morrison at etow@caldwellfirstnation.ca for more details



**Please contact Jenna** 

### **Environment & Consultation Department**

Contact the Consultation Coordinator at ecc@caldwellfirstnation.ca

## Updates coming soon.

### **Economic Development**

Contact Joshua Rocetes at <a href="mailto:edea@caldwellfirstnation.ca">edea@caldwellfirstnation.ca</a>



"As a member of the Caldwell First Nation Youth Advisory Committee, I know that we think it is important to protect and preserve the environment so it can be here for the next 7 generations to experience and enjoy. We are dedicated to the preservation of our Anishinaabe culture, language, and traditions and want to promote the community's success by sharing our vision and concerns with our leaders and community." - Anellah Orosz (Youth Environmental Coordinator)

#### Who Are We

We are a youth lead initiative that will conduct sustainable environmental research and action as a means to create a sustainable reserve. This group will also communicate with other indigenous communities and environmental experts to develop a framework for a sustainable reserve.

This committee will provide an opportunity for individuals to participate in community outreach, conduct research, and be a part of an environmental strategic plan for the nation. Any Caldwell First Nation Youth aged between 12-29 with an interest are welcome to join!

> For more information, please email: edea@caldwellfirstnation.ca

#### **Meet the Staff**

## Updates coming soon.

### In the News

Rapid housing Initiative, Press Conference, Windsor, Ontario, February 10, 2022



Amazing News For Caldwell First Nation

Thank you for taking the time to read our newsletter. If you have any comments or suggestions on what you would like to see, please feel free to contact Julie Le at <u>ea@caldwellfirstnation.ca</u>.

We hope you enjoyed the forty-sixth edition of the Caldwell First Nation e-Newsletter. If you have any questions, please do not hesitate to contact us!

Sincerely,

# **Tammy Jolicoeur** Administrative Services Manager

Editor

TJ/jl

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